

How to get the right housing and support

The next 3 questions will help you and your relative start thinking about choosing somewhere to live

1. Who would your relative like to live with?

This question can often shape the answers to follow and is key to your relative being happy and settled. It is important to find out more about the people your relative may live with, especially when moving into an already established household so you can find out whether the housemates will be combatable.

| | Yes | No | Maybe |
|---|-----|----|-------|
| On their own? | | | |
| With a friend? | | | |
| With a group of friends? | | | |
| With people they get to know? | | | |
| With someone in the family? | | | |
| A partner? | | | |
| With someone who is paid to support them? | | | |
| With a pet? | | | |
| Anyone else? | | | |

2. Where would they like to live?

What does the house/flat need to be like?

| | Yes | No | Maybe |
|--|-----|----|-------|
| On the ground floor | | | |
| Above the ground floor | | | |
| Small and cosy | | | |
| Lots of space | | | |
| With a garden | | | |
| With a garden they do not have to look after | | | |
| On a quiet road on a busy road | | | |
| Own front door/street intercom | | | |
| No stairs or steps | | | |
| Car parking space | | | |
| Allowed to have a pet | | | |
| Anything else? | | | |

Who would they like to live near to?

| | Yes | No | Maybe |
|-----------------------------------|-----|----|-------|
| A parent | | | |
| A sibling | | | |
| A grandparent | | | |
| Friends | | | |
| People who will look out for them | | | |
| Anyone else? | | | |

What would they like to live near to?

| | Yes | No | Maybe |
|---------------------------------------|-----|----|-------|
| A local shop | | | |
| A street with lots of shops | | | |
| A park or green space | | | |
| Bus stops or a train station | | | |
| Place of worship | | | |
| A place to exercise | | | |
| Somewhere to meet people, like a cafe | | | |
| A health centre | | | |
| A library | | | |
| Anything else? | | | |

What are the most important things about where your relative wants to live?

| Things your relative must have | Things they would like to have |
|--------------------------------|--------------------------------|
| | |

| | |
|--|--|
| | |
|--|--|

3. What help would they need?

When choosing where to live, it is also important to think about what support your relative will need. Housing and support need to work well together.

What does your relative need help with?

| | Yes always | Yes sometimes | No |
|---------------------------------|------------|---------------|----|
| Meeting friends | | | |
| Meeting family | | | |
| Travelling to places | | | |
| Planning food | | | |
| Shopping | | | |
| Cooking | | | |
| Looking after money | | | |
| Paying Bills | | | |
| Getting benefits | | | |
| Getting up and planning the day | | | |
| Showering/washing | | | |
| Cleaning teeth | | | |
| Housework | | | |
| Taking medication | | | |
| Keeping fit | | | |
| Going to appointments | | | |
| Going to work | | | |
| Anything else: | | | |
| Anything else: | | | |

Are there other ways your relative may be able to get the help they need?

| | Yes always | Yes sometimes | No |
|--|------------|---------------|----|
| Can your relative get some support from people they know such as family, friends, or neighbours? | | | |
| Are they able to use specialist equipment or personalised technology to help them? | | | |
| Do they need some or all their support from people who are paid to help them? | | | |

You will need to contact Adult Social Care (ASC) to ask for an assessment for your relative explaining that there is a change in their circumstances as they plan to move out of the family home.

An assessment based on your relative living in supported accommodation will be carried out by a social worker to determine whether your relative is eligible for support. If they meet the eligibility criteria, you will be told how much support they will be given and your relative will be allocated a personal budget. The personal budget will also be affected by where you live and how much one to one and shared support your relative will need.

Adult Social Care will then work with you to produce a Support Plan to determine how the personal budget will be spent.

Adult Social Care can work with you and other services to sort out the support for your relative or you can opt to have a Direct Payment and sort out the support for your relative yourself.

What are your next steps about finding housing and support?

| What you need to do | Who do you need to contact to help you with this? |
|----------------------------|--|
| 1. | |
| 2. | |
| 3. | |
| 4. | |
| 5. | |
| 6. | |
| 7. | |
| 8. | |