



OxFSN's Response to Coronavirus

We hope that everyone is doing well and that you and your family are continuing to stay sane through these bizarre times. We thought it might be a good time to remind people about some of the resources available that you may find helpful and have put together a Go To Crib Sheet so they are all in one place.

OxFSN have been running online **Q & A Sessions** with professionals on different key issues. This has been in response to families getting in contact with us with their concerns about the impact on them or their family member. To find out how what the professionals had to say, click on the relevant photo which will take you to a summary on our webpage. The **Moving in to Adulthood** online Webinar will take place on Wednesday 6th May from 3.00pm – 4.00pm.

Health

Family carers were worried about what would happen if their family member was admitted to hospital or if they themselves got coronavirus



Direct Payments

We asked OCC Social Care to explain how families could use Direct Payments during this time and what they could be spent on.



Moving into

Adulthood/Transition

With schools & colleges closed & no face to face transition meetings, those children & young adults who would normally be planning their next steps are worried about what is going to happen. Hear from key professionals within social care and education on what they are doing to ensure that your family member does not slip through the net by signing up [here](#) or send questions to Kathy.liddell@oxfsn.org.uk

ID Badges for Carers

As lockdown started, we were contacted by families who were still able to use Personal Assistants who were being stopped and questioned as to why they were out during lockdown. We worked with OCC Social Care who produced Carer ID Badges. These are still available for families known to Social care and are available by emailing carer.id@oxfordshire.gov.uk

Planning for an Emergency

As Family Carers supporting a family member with a learning disability and/or autism, planning is our middle name. With the onset of coronavirus however, being prepared has never been more important. If someone had to take over your caring role, how would they know how best to support your son or daughter? Together Matters have put together an Emergency Planning document for family carers during coronavirus which can be downloaded by clicking the image. A few moments now can save a lot of worry in the long term.

Making a plan for emergencies

This guide is a section of a larger guide to help people with learning disabilities and their families plan for the future called *Thinking Ahead: a planning guide for families*.
The full guide, along with an easier to read guide called *I'm Thinking Ahead*, are available as a free download at www.togethermatters.org.uk



Hospital Passports

Covid-19 Grab and Go Guide
Form

I have a learning disability or I am autistic

THIS GUIDE IS REALLY IMPORTANT DURING THE COVID-19 PANDEMIC

- The Human Rights Act means that staff in the NHS must respect and protect my human rights when making decisions about my care even in the time of the Covid-19.
- Decisions about treatment should be made on an individual basis and in consultation with families taking into account my usual health. Decisions about my treatment and resuscitation should not be made based on my learning disability or autism or the Clinical Frailty Scale.
- All decisions must be made in accordance with principles of the Mental Capacity Act.

My name is:

I like to be called: Date of birth:

My NHS Number is:

My next of kin/representative:

Their phone number:

I am able to indicate YES and NO to your questions by:

I have previously had the following breathing problems (asthma, history of infections etc.):

Any other things that may compromise my airway e.g. past surgery:

This should be read in conjunction with my hospital passport.

Family carers, quite rightly, expressed their concern about the mixed messages in the media about the issue of DNR (Do Not Resuscitate) for those people with LD's admitted to hospital with coronavirus. OXFSN worked with NHS England to produce a shortened version of the hospital passport – the **Covid-19 Grab and Go Guide** that is now been used by frontline staff & promotes everyone's Human Rights. Use these [guidelines](#) to help you fill out the CoVID-19 passport. This passport should always be accompanied by the regular hospital passport. Both passports can be downloaded by clicking on the image.

This is my Hospital Passport
For people coming into hospital.

My name is:

Completed by: Date:

If I have to go to hospital this book should go with me. This passport belongs to me. Please return it when I am discharged.

Nursing and medical staff please look at my passport before you do any interventions with me.

- Help you start know about me
- Help that an important to me
- My likes and dislikes

Southern Health

The Learning Disability Liaison Team at OUH

OxFSN are fortunate to work closely with many professionals across the statutory sector, all of whom have responded quickly to our questions during this time, many of which have been asked by you. [The Learning Disability Liaison Team](#) based at the JR are important contacts to know about, not just now, but for any time your family member has a pre-planned visit to hospital. They will work with frontline staff & health professionals to put in place reasonable adjustments to make the visit as straightforward as possible.

Getting in contact with OCC Adult Social & Health Care

The clear message from Social Care is that families who have any queries should contact their social worker if they have one, or the review team if not. Although day centres and schools are still closed to the majority, they are available to families who need them. Do not hesitate to contact your social care team if you need help.



Tel: **0345 050 7666**

8.30am - 5pm Monday - Thursday

8.30am - 4pm Friday



Out of hours emergency number: **0800 833408**
(freephone)



Social and Health Care team

PO Box 780

Oxford

OX1 9GX

Easy Read Guides on Coronavirus

For most of our children and young people, this will be a very confusing and anxious time. Routines and schedules have changed, there is no school or trips to the day centre, and for those in residential care or supported living, no physical contact with their families. OxFSN have a few [Easy Read Guides](#) that might help.

Keep in touch

Like you, we are Family Carers, and as lockdown goes on are starting to wonder whether life will ever get back to normal – whatever normal may look like! We know how important it is to stay in touch and to stay connected, so please do get in contact whether it be to share some news, ask a question or just to say hello. We would love to hear from you.