

COVID19 hospital passport

This hospital passport has been designed in partnership with families and a nurse.

It is not a replacement for your ordinary, more detailed hospital passport. You should take that to hospital as well if you need to be admitted.

If people you support get admitted to hospital with coronavirus please follow the guidelines provided by OUH <https://www.ouh.nhs.uk/news/article.aspx?id=1204> You can also contact the Learning Disability Liaison Nurse Team on **01865 234565**

We have put a reminder about your Human Rights on the top of this passport. This was written for us by the British Institute for Human Rights.

This passport gives the information that doctors will need if you are admitted and struggling to breathe.

Nobody can speak when they have big breathing problems. The doctors need to know that you can indicate yes and no. If you have a unique way of doing this you must write it clearly.

It is very important to say if you have any airways issues like Fundoplasty (you or the people who support you will know if you have this.)

List any pre-existing health conditions you have, like asthma or diabetes.

List what medication you are taking.

Nobody has capacity when they are very poorly.

Everyone is different. Fill in the communication section in detail.

If you want help with the communication section contact OxFSN who will help advise the type of information you need to add.

Top tips for family carers

- **Laminate, double laminate or put it in a sealed plastic bag (this means it can be cleaned)**
- Find out the name of the Learning Disability Liaison Nurse at your hospital. At OUH there are three: Stephanie Ross, Kim Woolnough, and Funmi Dasaolu
- Check your hospital trust policy about allowing carers to be present if a person with learning disability is admitted to hospital with Corona virus
(<https://www.ouh.nhs.uk/news/article.aspx?id=1204>)
- Make plans for if you get unwell yourself. Make sure:
 - You have a list of phone numbers of people who can help out in an emergency
- Put a hospital bag together now, you won't have time in an emergency. Include:
 - Laminate COVID19 passport
 - Ordinary hospital passport
- Look after your own health, do something, however little, for yourself every day
- Stay in touch with friends and family by phone
- Check <https://www.learningdisabilityengland.org.uk/> for updates and easy information