

Planning for the Future Checklist for families

- Would your family know what to do if you were suddenly unable to care for your son or daughter with learning disabilities?
- Have you registered with Carers Oxfordshire so that they know you are a carer?
- Have you registered with the Emergency Carers Scheme through Carers Oxfordshire?
- Do you and your family know who to phone at Oxfordshire County Council in an emergency day or night?
- Have you ever made a crisis care plan?
- Have you created a person-centred plan with your relative and the wider family?
- Have you got a file by the phone that would enable someone in an emergency to help your son or daughter, with information in about their needs/likes/dislikes/how to comfort them if they are distressed/current medication?
- Do you know if your relative has had a formal assessment of their mental capacity (this covers the ability to make big decisions on where they want to live, and whether they can handle big decisions on money or on medical treatment).
- Have you made a will with a solicitor who is an expert in planning for the affairs of disabled people and can advise on planning the finances for your relative, including setting up a discretionary trust?
- Does your executor know where to find the will?
- Do they know where to find information on all your assets and information on pensions, gas, electric, phone and other suppliers and house insurances?
- Are you or any other relatives appointed as a deputy via the Court of Protection for your son or daughter?

- Have you discussed your future plans with your non-disabled son or daughter or other family members or friends? Do you know for sure what they are willing and able to do to support your son or daughter?
- Do you know where your son or daughter will live in the future?
- Do you know what level of support is provided in your relative's personal budget?
- Do you have a separate bank account for benefits for your son or daughter with a learning disability?
- Have you got in one folder in a safe place, known to trusted family and friends, all the key documents for your relative: e.g. the latest benefits letters, national insurance number, and NHS number, their latest social care assessment and their care and support plan and bank account details?
- Have you put together in writing your wishes for the future so that your family know what you would like to happen for your son or daughter?
- Have you set up a Circle of Support for your relative so that they have someone to support them when you are no longer around?
- Would you know where to get help to set up a Circle of Support for them?
- Would you or your family know what to do to make sure things are working well for your relative and where to go if you have concerns?

For more information on these topics, and also to find out details of meetings and events we are holding to help you and your family please contact:

Kathy Liddell, administrator for the Embolden project on:

07786 731634: or email:info@oxfsn.org.uk

Or contact Gail Hanrahan, Project Manager on 07891 734987