

Reference: Respite Co-design project

Oxfordshire County Council
New Road
Oxford
OX1 1ND

John Jackson, Director of
Adult Social Services

14 August 2015

Dear Sir/Madam,

An opportunity to co-design (by us, for us) a future respite model

What is this letter about?

Over the last 2 years many of you have been telling us what was good and not so good about respite in Oxfordshire. We are now inviting you and other carers to join us on a journey to co-design the future respite model.

We are looking for people willing to participate in group discussions; to help us work out what's best for carers in Oxfordshire, and develop efficient services with good outcomes.

To help us do this we are looking for people with experience of respite whose circumstances fall into these groups:

1. Are you are a carer whose 'cared for' person receives respite from one of these services - learning disability respite units, older people's care homes, shared lives, your own arrangements through direct payments, Headway Oxfordshire carers respite service?
2. Are you are a carer, who receives a personal budget from Oxfordshire County Council who needs respite but struggles to find respite because the service cannot manage 'your' needs or the needs of the person you 'care for' ?
3. Are you a carer who looks for and pays for your own respite but struggles to find it?

What our co-design plan is?

Our co-design journey has four stages. Take a look at the enclosed diagram for the detail about what we'll do in the meetings and during the four stages.

Stage one involves carers attending only one of three meetings during September. All these meetings are from 10am to 1pm.

For stage two we are looking for a smaller group of carers to do more detailed work on the draft respite model/s in October. This group will be called the 'Respite Co-design Working Group.'

What you need to do to register your interest?

To help us plan this work we need to hear from you to know whether:

- you will be coming to one of the meetings in September and / or
- you want to join the Respite Co-design Working Group in October.

Please fill in the enclosed sheet with your details and then contact Maryse Pomlett by the **14 September 2015** through:

- ✓ Ringing on 01865 323621 / 01865 328530
- ✓ Emailing to commissioning.admin@oxfordshire.gov.uk
- ✓ Or returning the form with your details
- ✓ Please use the envelope enclosed – you do not need a postage stamp
Free-post Engagement Team, New Road, Oxford OX1 1ND

We can pay your travel expenses, attendance at £10 per hour for the time at the meeting and payment for the person you care for up to £15 per hour if the 'cared for' person does not already receive a care package covering these hours.

Thank you for your time in reading this letter – we look forward to hearing from you.

Yours faithfully,



Maryse Pomlett
Commissioning Officer

Please see enclosed sheet and diagram for further information

1. When you contact us please can you give us the following details?

Your full name (CAPITAL LETTERS)

.....
The way you would like us to contact you, such as your

Mobile number.....

Your email address.....

Your postal address

.....

1. We would like to ensure that we obtain the views of people who have had experience of using a wide range of adult services, as possible. To help us achieve this, please tell us what is the main area of their life the person you 'care for' needs support with.

.....

2. Which of the three groups described in the letter best describes your situation?

The person I care for already attends respite

I receive a personal budget but struggle to find suitable respite

I pay for respite but cannot find any.

3. Please put a X in the box of the (one) September meeting you could attend

Friday 18 September, 10.00 am to 1.00 pm at County Hall, Oxford

Monday 21 September, 10.00 am to 1.00 pm at Didcot Civic Hall, Didcot

Thursday 24 September, 10.00 am to 1.00 pm at Exeter Hall, Kidlington

4. The October meetings - we need carers who can attend as many of these dates as possible

- Monday 5 October, Monday 19 October and Thursday 29 October 2015 at County Hall, Oxford. Please put a X in the box if you would like to join the smaller co-design working group.

Please return this form in the envelope provided

Thank you, Maryse Pomlett, Contracts and Commissioning Officer

What options could there be for future respite models in Oxfordshire?

Look in more detail at the draft models and how they could be achieved?

Stage 1- Initial Respite meetings
Attend **one** of three meetings, 18th September at County Hall, Oxford, or 21st September at Didcot Civic Hall, Didcot, or 24th September at Exeter Hall, Kidlington

Stage 2 – Smaller Respite Co-design Working Group.
Attend these 3 meetings on 5th, 19th and 29th October 2015

Process to be decided

Stage 3 -
Review and Test model from Stage 2 with other stakeholders

Stage 4 - Finalise preferred model and actions agreed with Co-design Working Group – mid December 2015

Respite Co-design Journey...
...please join us